

CROSS WORK—PATSY KILDARE'S DAILY JOURNAL—SMART FASHION FEATURE

ALWAYS THE MAIN TOPIC, AT WHATEVER GATHERING

Miss Marbury Talks on Drama in Its Greatest Sense—Presents in Her Own Forceful Way Her Views of the Present Conflict

AMERICAN men spoil their women folk horribly," said Miss Elizabeth Marbury yesterday afternoon. "Men of other nations are so indulgent as those of this country." But this was not all she said. In reality, she talked the war. Although scheduled to speak at the Little Theatre yesterday afternoon...



This hat started out to be a little round retiring straw one, but the milliner, having other ideas about things, put up a silk front to take a firm stand, and backed it up by countless loops of shiny ribbon. For hats must be high this spring—everything's going up so.

The way English women have worked during the war has done more to stir suffrage for them than another hundred years of window smashing, as every one knows. The same opportunity awaits American women. Really doing things that count will convert more "voters" to their cause than any amount of street-corner haranguing.

THE time for pacifists to raise objections has passed. Before war was declared they had every right to freedom of speech. Now an airing of views opposed to the defense of the country borders close on treason, and is at best thoroughly un-American. As Miss Marbury so amusingly phrased it, she "had absolutely no use for the man who hid under the bed and sang 'The Star Spangled Banner.'"

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those above are invited. It is understood that the editor does not necessarily endorse the sentiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

- 1. How should eggplant be prepared for cooking?
2. What will make poached eggs tender and fluffier?
3. In laying a mattress should it be tacked at the head?

ANSWERS TO YESTERDAY'S INQUIRIES

- 1. A freshly boiled potato can be substituted for an egg in making doughnuts.
2. Ice cream can be made in an egg mixer in a half or deep pan and packed the same as frozen when there is no ice cream maker available.
3. If silver is packed away in a box filled with flour it will keep bright for a long time.

Economical Soups

Dear Madam—In these days when the cost of living has increased so materially everything should be utilized if possible. I have found that very delicious soups can be made from the scraps in which some vegetables are boiled. Add to a little stock, such vegetables as carrots, tomatoes, onions, celery, potatoes and peas. For instance, rice water and potato water would always be saved. The former will make a good soup, while the latter can be used in making bread.

Sweetbreads and Rice in Casserole

Dear Madam—The following makes a toothsome dish for luncheon or supper: Cook rice in milk, salt and butter, then wash five sweetbreads in cold water, remove the skin, and cut into small pieces. Press the rice to the bottom of the casserole, then add the sweetbreads, onions, celery, potatoes and peas. When cold and firm scoop out the middle, leaving about a crust one-half inch thick. Brush the surface with the milk of an egg, and bake in a moderate oven for two hours. In even a second or two, then fill with a mixture of sweetbreads prepared as follows: Put sweetbreads in water, remove the pipes and membranes, cook in boiling salted water with one tablespoonful of lemon juice for twenty minutes, then plunge into cold water to make firm. Cut in small pieces and mix with a well-seasoned creamy white sauce. (Mrs.) C. C. D.

Recipe for English Hot Pot

Dear Madam—Will you please publish a recipe for English hot pot? M. L. T.
Try the following: One pound pork chops, four or five onions, eight or nine potatoes; one brown earthen dish and slice potatoes; put a layer of potatoes, then onions, then pork (cut up) and so on; have the top layer of potatoes; salt, pepper and fill with hot water; bake in moderate oven two or three hours; cover with plate until last half hour.

Cinnamon Roll

Dear Madam—Can you tell me how cinnamon roll is made? A. C.
Cinnamon roll—Sieve together one quart flour, one teaspoonful salt, two teaspoonfuls yeast; melt your lard (one tablespoonful) and add to mixture, also a pint of sweet milk; turn out on pie board, roll one-half inch thick and brush over with milk; sprinkle well with sugar and a little cinnamon, roll, brush the top with milk and sprinkle more sugar and cinnamon; cut in one inch or so and bake in quick oven.

When Color Runs

Dear Madam—Can you advise me as to what to do in the following cases?
1. When color runs in a dress, wash in cold water, then in a solution of salt water, then in cold water.
2. When color runs in a hat, wash in cold water, then in a solution of salt water, then in cold water.

Spring Gas When Ironing

Dear Madam—Should I be careful when ironing clothes?
Yes, be careful when ironing clothes. Use a hot iron and steam.

THE GOOD HEALTH QUESTION BOX

By DR. JOHN HARVEY KELLOGG

Infant Indigestion
DISORDERS of digestion constitute a very large share of the causes of illness in babies. Vomiting is the most common symptom. When the matter vomited is very sour, the child is suffering with acidity of the stomach, which may be the result of overfeeding or of the use of cane sugar. Dark, offensive bowel discharges indicate decomposition of the contents of the intestines in consequence of imperfect digestion. Such discharges are generally preceded by discharges in which lumps of curd are seen.

Clay-colored stools indicate an excess of fat or an obstruction of the bile duct, probably in consequence of the extension of the intestinal catarrh into the bile passages. When the stools long continue dark, sour or fetid, the child will show marked symptoms of wasting, becoming thin and wrinkled; the countenance wearing an old look—weak, peevish and restless.

The principal causes of indigestion in children are improper food, too frequent feeding, overfeeding or the use of nursing bottles which have not been properly cleaned. Mental excitement, anxiety, anxiety and particularly anger, on the part of the mother, is a frequent cause of indigestion in nursing infants. The ill health of the mother during the nursing period may lay the foundation of the constitutional weakness in the child. Feeding the child every time it cries is a most pernicious habit. The child should be fed at regular intervals, the length of which should be determined by its age.

Lime Water in Milk

In the addition of lime water to milk, benefit is derived in feeding infants. The idea seems to be current that lime water used in cow's milk is a valuable addition to the baby's diet and will prevent rickets. The impression holds that the baby is going to get needed lime out of the lime water.

People who entertain this notion are unaware of the fact that milk itself contains more lime than does lime water. Another important difference is this: That the lime of the milk is organic lime, organized lime, lime that is ready to be assimilated, whereas the lime in the lime water is dead lime, mineral lime. There is abundant evidence that this mineral matter cannot be easily assimilated by the body, and very little of it can be used.

Sensitive Skin

Why do my hands iten and burn in cold weather? MRS. N. C.
Doubtless you have a very sensitive skin. You should use a lanolin cream. Take great pains also when cleaning the hands not to leave soap on the skin. The hands should always be washed in running water and not in water held in a bowl or basin. The first use of water in a bowl soils the whole quantity and it is then impossible, no matter how long the process is continued, to get the hands clean in such water. Dirt or soap left on the skin often produces an irritation.

Intestinal Toxemia

Please explain the term "intestinal toxemia." JOHN M.
Intestinal toxemia is a condition of the body due to absorption of poisons from the intestines. Poisons are produced by putrefaction of protein elements of the food, particularly of the undigested remnant of meats and eggs.

Mother's Mark

What can be done for the so-called "mother's mark"? MRS. Y.
These are of various kinds: 1. Raised brown spots known as moles. 2. Brown spots protruding hair. A tumor composed of enlarged blood vessels, constituting the true "port wine" or "mother's mark." These marks do not originate in congenital influences, as many persons suppose. Their origin is, however, obscure. Electrolysis, radium and carbon dioxide are all efficient measures for removing these blemishes. Carbon dioxide is the simplest and best means, but can only be applied by a specialist who has the proper apparatus. It is usually applied in a hospital. (Copyright.)

Remember

Remember me when I am gone away,
Gone far away into the silent land;
When you can no more hold me by the hand,
Nor I half turn to go, yet turning stay.
Remember me when no more day by day
You tell me of our future that you planned,
Only remember me; you understand
It will be late to counsel then or pray,
Yet if you should forget me for a while,
And afterward remember, do not grieve;
For if the darkness and corruption leave
A vestige of the thoughts that once I had,
Better by far you should forget and smile,
Than that you should remember and be sad.
—Christina Rossetti.

One Advantage

Workers in salt mines enjoy almost complete immunity from rheumatism.

THE CHEERFUL CHERUB

The ones who break the laws in careless moments,
Their wicked souls may have some saving heaven.
But the ones who rattle programs at a concert—
I know they'll never, never go to heaven.
RACHEL

Widow's Mourning

Dear Madam—I am a young widow and have been in mourning for my husband three months. How long am I supposed to wear a veil? It had formed to wear a diamond pin? When may one wear second mourning? ANNE
The conventional mourning requires a widow to wear a veil for at least a year, and unless she is very young she wears it two years. The third year she still dresses in black entirely except for white collars and cuffs, but does not wear a veil if she wishes to take it off. Of course, there are some widows who never take off their veils and some who prefer to wear a hat at the end of a year. It is usually three years before half mourning or second mourning, as it is called, is worn. That is, black and white, lavender and gray gowns.

Some persons who can afford it wear all white crepe in summer, but it is fearfully expensive and must be carried out in every detail, otherwise it looks very badly. Diamonds, unless these in an engagement ring, are considered very bad form for mourning.

IN THE MOMENT'S MODES



One of the pleasing features of this model is its moderateness of style. Because it is in no way extreme the wise person will do well to adopt it as a gown for many occasions. The softly falling folds form a graceful "barrel" shape. Either black or colors may be used.

BIRD LOVERS PAY TRIBUTE TO THE FEATHERED TRIBE

School Children, Through Liberty Bell Club, Observe Day—Boy Scouts Lend Their Aid
Bird-lovers throughout the United States are paying tribute to the feathered inhabitants of the country today with special programs in hundreds of schools. The occasion is the third annual bird day of the Liberty Bell Bird Club, which, started four years ago by the Farm Journal in this city, now has a membership of 772,500. Proclamations making the observance of bird day official have been issued by the Governors of eleven States. More than 10,000 public schools where the study of birds has been introduced held special bird-day exercises. Boy Scouts of Philadelphia have cooperated extensively with the Liberty Bell Bird Club and have erected many bird sanctuaries in and about Philadelphia.

Chinese Milk

Milk made by the Chinese from the small yellow beans from which bean curd is also made is shown by analysis to have a specific gravity of 1.020 and a fat content of 3.125, contrasted with a specific gravity of 1.029 and a fat content of 3.9 for good average cow's milk, and looks like unskimmed cow's milk.

"A Dainty Dish"

Locusts, grasshoppers and crickets are eaten in the East, being dried, salted, ground into a powder and made into cakes. The Silk Undergarment Shop, 1120 Chestnut St., next door to Keith's Take Elevator, has bargains in Camisoles, Satin Crepe de Chine, \$5.00, \$6.00, \$1.50 and \$1.45. Envelope Chemise Crepe de Chine Satin, \$1.85, \$2.45 and \$2.95. MAIL ORDERS FILLED.

ASK FOR and GET Horlick's The Original Malted Milk

Substitutes Cost YOU Same Price. LEPAGE'S GLUE SAVES YOU DOLLARS!

Advertisement for Blaylock & Blynn, Inc. featuring Spring Styles, Millinery-Dresses-Coats, Summer Furs, and Blaylock & Blynn, Inc. 1528 Chestnut St. Furs Stored, Altered and Repaired.

Advertisement for Frankel's Burella Cloth, featuring Our Suits of Burella Cloth Have Captivated All Feminine Hearts. The model illustrated is of the popular Pinch-Back Style—Belted. In all colors, including Chartrouse, China Blue, Belgian Blue, Coral and Gold. \$15.00. Frankel's Garment Shop.

PATSY KILDARE, OUTLAW

By JUDD MORTIMER LEWIS

Going to Heaven

I ASKED Old Maid Tompkins yesterday how I could find the way to heaven, where mother is. She said all I had to do was to be a good girl and that when I got ready to go to heaven my mother would come and meet me and lead me by the hand. I said, "Rowdy, too?" She said, "Some people don't think so, but I do." I said, "Then I am ready now and why doesn't she come?" She said, "God has to be ready, too, and you cannot go until He has a place prepared for you."

Then I saw how foolish I had been and that everything was all right. Nobody wants company until they are ready and maybe the spare room has got some one in it and they are slow about going. God is too kind to give them a hint. I can wait without any trouble at all, only I am afraid God is going to too much trouble about me, for I could sleep with my mother and would rather do it, only maybe there's no place for me at the table, but I would just as soon wait.

I don't like Sunday mornings like I do other mornings, for there is nothing on the front steps but milk bottles and every one sleeps late and there doesn't seem to be anybody around to care whether I need a good spanking or not. I went to Sunday school, but I didn't get in. Everybody was standing around the door and the boys were all dressed up and had collars and shoes and stockings on their feet and the little girls had ribbons in their hair. A lady said to me, "Aren't you ashamed to be running around here on Sunday morning with your bare legs?" I looked at her little girl, who was wearing socks that only came to her ankles, and I said, "Aren't you ashamed to bring a little girl out that is barelegged than me?" She said, "It's too bad you haven't got anybody to give you a good spanking."

Then Miss Jones and her fellow came. A lot of people were around me looking at me as if I were some strange kind of a new worm and one man said, "She would be a little peach all right if she was dressed up." Miss Jones's fellow said, "She wouldn't be such a beauty if it was not for her hair." I said, "No, and Miss Jones wouldn't be such a sight if it wasn't for her face." Then Miss Jones got red and the people all snickered and went away and her fellow said to me, "You little savage, you've been hanging around here long enough. We don't let dogs or savages into Sunday school with real people and so you'd better go."

So we rambled and that was when I asked Old Maid Tompkins about it and she said all right and she gave me some bread and butter and sugar and we went swimming and the more I do it the better I like it and maybe there are people who can swim without keeping one foot on the ground. Rowdy can, but Rowdy is a dog and you expect more of a dog than you do of a human being.

My father used to get bladders from the slaughter house and blow them up and tie them on when he went swimming. A bladder is something that is inside of a cow, I was looking at a cow today and the man who owns her came and chased us away and said, "Beat it, you little savage." I wonder if he could have known that I was thinking of the cow's bladder that I needed to swim with.

(Copyright.) The next adventure of Patsy Kildare will appear in tomorrow's Evening Ledger.

Large advertisement for Nemo Corsets and Service. Features include: "For Each Individual Figure!", Nemo Corsets are made to fit more than thirty different types of the female figure, No other corsets have an equal range of adaptability, Madam, PROTECT YOURSELF!, There's NO SUBSTITUTE for the Nemo, WONDERLIFT SERVICE, SELF-REDUCING SERVICE, The SILK UNDERGARMENT SHOP, LEPAGE'S GLUE, and Blaylock & Blynn, Inc. Includes illustrations of various corset styles and prices.